

**coram**   
**Life Education**

**SCARF**

**Now including a Relationships Education programme (formerly Sex and Relationships), helping you to meet SMSC development, safeguarding, and emotional wellbeing requirements.**



# What schools need

Coram Life Education is the largest UK-wide charity delivering wellbeing and Personal, Social, Health and Economic education in 1 in 8 primary schools. When we researched schools' readiness for statutory 'Relationships and Sex Education' from 2019, this reinforced the need for RSE to be taught as part of a broader PSHE programme, and two thirds of head teachers told us they require more guidance on teaching the subject.

# What we offer you

Building on the foundations of our online SCARF programme, our resources combine the themes of keeping safe, relationships and growing and changing, meeting schools SMSC, safeguarding and emotional wellbeing requirements. We offer you programmes and resources that are aligned to the requirements, are tried and tested in the real classroom, delivered by confident educators and teachers, and regularly updated online. They include:

- A comprehensive set of age-appropriate online lesson plans (and related activity materials) for all primary year groups.
- Teacher guidance and support materials – demonstrating good practice and how to implement a Relationships Education programme safely and effectively.
- Three sessions led by our expert educators – one each for years 4, 5 and 6, or P5, 6 and 7 in Scotland. They will consult with you on the content and delivery of these, giving you a programme that is tailored to the unique needs of your school.

*'Really well suited to my class. Was easy to follow lesson plans and I liked the video clips too. Would definitely use again'* Teacher, Dorset



## Themes covered

**Keeping Safe** – including specific themes addressing body image and ownership, safe and unsafe touches, secrets, staying safe online, sharing personal information or images - building on our existing bCyberwise resources.

**Relationships** – identifying healthy and unhealthy relationships, developing assertiveness and safe behaviours in relationships - building on the SCARF resources which address these issues.

**Growing and Changing** – including human reproduction and changes at puberty.

**Find out more:** Email us at [cle@lifeeducation.org.uk](mailto:cle@lifeeducation.org.uk) or call us on 020 7520 0364 to find out how we can help you. The Relationship Education Programme is available as part of our online SCARF subscription.

For more information visit [www.coramlifeeducation.org.uk/relationships-education/](http://www.coramlifeeducation.org.uk/relationships-education/)